



# skills + me



Gain skills that add up to a better life and greater opportunities





**Northumberland Skills offers a range of introductory courses called 'skills and me', which are designed to boost your confidence in life and work.**

Gain skills employers are looking for whilst boosting your confidence with numbers and your abilities to:

- take your first step towards a numeracy qualification
- make your money go further
- budget and understand your finances
- gain essential skills needed to get a job
- help your children with school work
- understand receipts and bills
- use numeracy in the workplace, and more

*Supporting the North East Combined Authority's 'Multiply' programme*



**Boost your ability to use maths and numbers in everyday life, and manage budgets and finances with confidence with our Skills + Me programme**



**Use maths confidently at work with our 'Maths in my workplace' programme**

**To find out more, email [rachael.langlands@northumberland.gov.uk](mailto:rachael.langlands@northumberland.gov.uk) or call 07592 270 209**